

Competition call for the *Canadian Obesity Summit 2026*

Created in April 2012 by the Fonds de Recherche du Québec – secteur Santé (FRQ), the mission of the **CardioMetabolic Health, Diabetes and Obesity Research Network** is to pursue the development of research into metabolic and cardiovascular health, diabetes and obesity, and to transfer and mobilize knowledge to promote sustainable health among Quebecers.

The network is calling for master's and doctoral students, postdoctoral fellows, and residents to participate in the competition for the **Canadian Obesity Summit 2026**, a conference to be held **March 26-29, 2026, in Montreal** (conference information: <https://obesitycanada.ca/event/canadian-obesity-summit-2026/>). The five (5) participants selected will be required to give an oral or poster presentation (*as determined by the conference organizers*).

The congress describes itself as follows:

Obesity Canada's flagship scientific congress returns March 25–29 in Montréal, Québec, where researchers and healthcare professionals from across Canada and around the world come together to share the latest evidence, spark ideas, and push conversations forward.

COS 2026 bridges science, practice, and policy to transform how obesity is seen, supported, and understood across the lifespan.

Join us this March to connect with passionate professionals like yourself who are driving progress in obesity care. Together, we'll build knowledge, strengthen the community, and advance the systemic change needed to support people affected by obesity in Canada and worldwide.

Obesity Canada offers free registration to the five (5) winners. All other costs will be covered by the participant and/or their research supervisor.

The CMDO Network is a partner of [Obesity Canada](#). Obesity Canada's goal is to facilitate the exchange, transfer, and application of evidence-based knowledge, both among scientists in the same discipline or across disciplines, and with the general public, through the dissemination of information on prevention, treatment, and policies related to obesity.

The deadline for submitting applications is October 15, 2025.

Women, Indigenous people, visible minorities, ethnic minorities, people with disabilities, and members of the 2SLGBTQIA+ community are encouraged to apply. For evaluation purposes, we are committed to recruiting a diverse committee that reflects the profiles of the candidates and ensuring an evaluation process that takes into account the specific situations of the candidates, including atypical career paths.

The eligibility criteria and evaluation process are described below. Late, incomplete, or ineligible applications will not be evaluated. The results of the competition will be announced in the weeks following the application deadline.

Eligibility criteria:

- 1) Be a master's or doctoral student, postdoctoral fellow, or resident whose research supervisor is a **regular member** of the CMDO Network. The research supervisor must be a member of the network before applying to the competition.
- 2) Have a research project related to cardiometabolic health, diabetes, and/or obesity.
- 3) Excellence and involvement: Based on the candidate's CV (COMPLETE Curriculum Vitae (FRQ format preferred, but we accept all CV formats).
- 4) Demonstrate motivation to pursue a research career in one of the Network's areas of focus: cardiometabolic health, diabetes, and obesity.
- 5) Selected participants must submit a scientific abstract to this conference, which will take place March 26-29, 2026, in Montreal (abstract submission deadline: **November 30, 2025**).
- 6) Please note that you can only win this competition once.

Material required when submitting an application:

- 1) Competition application form – **Canadian Obesity Summit 2026** completed online (see below). This document includes a letter of support from the research supervisor (*this letter can be included directly in the form or sent (in PDF format) by email to concours@rrcmdo.ca*).
- 2) The candidate's COMPLETE CV (FRQ format preferred, but we accept all resume formats). Send this document directly to concours@rrcmdo.ca.

Application Assessment Process:

The network's Executive Committee will evaluate all applications submitted. The results of the competition will be announced in the weeks following the application deadline.

Any requests for additional information can be sent to the CardioMetabolic, Diabetes and Obesity (CMDO) Health Research Network, Laval University, School of Nutrition, email: info@rrcmdo.ca.

Description of the electronic form

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[THE FORM MUST BE COMPLETED ONLINE, CLICK HERE](#)

1. GENERAL INFORMATION:

Main theme of the applicant's research project (one choice only):

- ☐ Cardiometabolic health
- ☐ Diabetes
- ☐ Obesity

Secondary theme(s) of the applicant's research project (multiple choices possible):

- ☐ Cardiometabolic health
- ☐ Diabetes
- ☐ Obesity
- ☐ Does not apply

In which research axis(es) does the candidate's research project fall (several choices possible):

- ☐ Basic and pre-clinical research
- ☐ Nutrition, physical activity and human pathophysiology (Clinical research)
- ☐ Lifestyle, risk factors and population-based interventions across the life cycle (Population-based research)
- ☐ Organization of Care (Health system research), knowledge sharing and use
- ☐ Hypertension and Vascular Diseases
- ☐ Cardiac Diseases through the Lifecycle
- ☐ Metabolic Liver Diseases

Name of the applicant: e.g. BERGERON, Lucien Junior

max. 100 characters, including spaces.

Affiliation: e.g., Faculty of Medicine and Health of the University of Sherbrooke, Sherbrooke.

max. 250 characters, including spaces.

Level of study/Status: *Choose between Doctorate, Resident or Postdoctorate*

Current program of study (if applicable): e.g., Cell Biology Program.

max. 120 characters, including spaces.

Email address: *max. 100 characters, including spaces.*

Name of the supervisor(s) who is/are a regular member of the CMDO Network associated with this application: e.g., CARPENTIER, André and BARNETT, Tracie

max. 200 characters including spaces

2. SCIENTIFIC SUMMARY OF THE RESEARCH PROJECT:

The participant must provide an abstract of his or her research project (same format as an *abstract* in a conference). Abstracts in French or English are accepted.

max. 2200 characters, including spaces: Title, authors and affiliation are counted in the number of characters.

3. MOTIVATION - STUDENT, POSTDOCTORAL FELLOW OR RESIDENT:

The participant must provide a description of his/her reasons for attending this Canadian Obesity Summit, in relation to his/her career plans (Justification of the relevance of your participation (outreach, knowledge transfer, job search, etc.)).

max. 4000 characters including spaces

4. LETTER OF SUPPORT - SUPERVISOR:

The supervisor must provide a letter of support for participation in this meeting (and mention financial support to cover costs not reimbursed by Obesity Canada or CMDO Network) (*this letter can be incorporated into the form directly or sent (in PDF format) by email to concours@rrcmdo.ca. If so, please indicate this in the text box*).

max. 4000 characters, including spaces.

5. CURRICULUM VITAE:

Provide the candidate's CV by email (FRQ format preferred, but we accept all resume formats) - concours@rrcmdo.ca.

6. SELF-IDENTIFICATION (To be completed by the Applicant only)

As with tri-council agency, the purpose of the self-identification form is to collect information so our network can monitor the equity performance of our programs and design new measures to achieve greater equity, diversity and inclusion in our research endeavours

Membership Type (one choice only):

- ☐ Regular Member.
- ☐ Student, postdoctoral fellow or resident member
- ☐ Other

If Regular member: Position as a researcher: What is the start date of the first career position as an researcher in a research center (e.g. Researcher since December 2018 at INAF)?

Research areas (multiple choices possible):

- ☐ Basic Science/Preclinical
- ☐ Clinical
- ☐ Health care organization/health system
- ☐ Population-based

Gender (one choice only):

- ☐ Female
- ☐ Male
- ☐ Trans woman

- ☐ Trans man
- ☐ Two-spirited person
- ☐ Gender fluid
- ☐ Non-binary
- ☐ Other
- ☐ I don't identify with any of these options
- ☐ I prefer not to answer.

Aboriginal People: Aboriginal people in Canada is a generic term used to refer to Inuit, Métis or First Nations people who live within the boundaries of the territory now known as Canada. We encourage all persons belonging to these nations and communities to indicate their affiliation below.

I belong to one of the following Aboriginal peoples of Canada (one choice only):

- ☐ First Nations or First Peoples
- ☐ Métis
- ☐ Inuit
- ☐ No
- ☐ I prefer not to answer

Minority affiliation

I belong to the following ethnocultural or racialized community (You may choose the option that best describes your ethnic or regional origin or choose more than one if you consider yourself to be of mixed origin):

- ☐ Canadian Aboriginal Community (First Nations, Métis or Inuit)
- ☐ White community or community of European descent
- ☐ Central Asian or North Asian community
- ☐ Afro-descendant (or Black) community
- ☐ Latin American community
- ☐ Middle Eastern or North African community
- ☐ South Asian community
- ☐ Southeast Asian community
- ☐ East Asian community
- ☐ Aboriginal community outside of Canada
- ☐ None of the above
- ☐ I prefer not to answer

If you selected "None of the above" for the previous question:

Specifically, I prefer to identify myself using the following terms

max. 500 characters including spaces

Native Language

The native language I learned and still understand is (please select all that apply)

- ☐ French
- ☐ English
- ☐ Other(s)
- ☐ I prefer not to answer

If you selected "Other(s)" for the previous question:

You may indicate your native language here:

max. 200 characters including spaces

Commonly used language

The language I most commonly use at home is (please select all that apply)

- ☐ French
- ☐ English
- ☐ Other(s)
- ☐ I prefer not to answer

If you selected "*Other(s)*" for the previous question:

You may indicate your commonly used language here:

max. 200 characters including spaces

Comments or questions about the self-identification questionnaire

max. 1000 characters including spaces

DOCUMENTS TO BE TRANSMITTED IN ONE FILE (PDF FORMAT) to concours@rrcmdo.ca :

- 1) CV for doctoral student/postdoctoral fellow/resident (applying) (we accept all resume formats);
- 2) Letter of support from research supervisor: *This letter can be integrated directly into the electronic form or sent by e-mail.*