

CMDO NETWORK

10th anniversary

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Public event – Free registration!

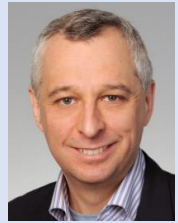
**2012-2022: A landmark decade for research in
cardiometabolic health, diabetes and obesity!**



This series of 4 webinars will take you into the world
of research conducted within the CMDO Network



Each webinar includes 20 minutes of short videos prepared by CMDO research teams + 30 minutes of **live** presentation + 40 minutes of discussion with the audience



CLINICAL RESEARCH CONDUCTED WITHIN THE CMDO NETWORK

- **Thursday, May 19th, 2022, 12:00 pm to 1:30 pm** (French presentation)
- **Facilitator:** Dr. Jean-Patrice Baillargeon (CRCHUS)



POPULATION-BASED RESEARCH CONDUCTED WITHIN THE CMDO NETWORK

- **Thursday, May 26th, 2022, 12:00 pm to 1:30 pm** (French presentation)
- **Facilitator:** Dr. Lise Gauvin (CRCHUM)



HEALTH SYSTEM RESEARCH CONDUCTED WITHIN THE CMDO NETWORK

- **Thursday, June 9th, 2022, 12:00 pm to 1:30 pm** (English presentation)
- **Facilitator:** Dr. Meranda Nakhla (RI-MUHC)



BASIC AND PRE-CLINICAL RESEARCH CONDUCTED WITHIN THE CMDO NETWORK

- **Thursday, June 16th, 2022, 12:00 pm to 1:30 pm** (French presentation)
- **Facilitator:** Dr. Mathieu Laplante (CRIUCPQ)



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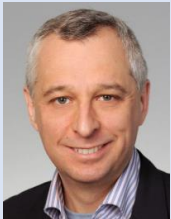
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DE LA PRÉCONCEPTION AU PRÉNATAL : UNE PÉRIODE UNIQUE POUR AGIR SUR LA SANTÉ DE DEUX GÉNÉRATIONS

- **Thursday, May 19th, 2022, 12:00 pm to 1:30 pm**
- **Facilitator and speaker:** Dr. Jean-Patrice Baillargeon (CRCHUS)
- **Speakers:** Dr. Anne-Sophie Morisset (CRCHUL) and Dr. Stephanie-May Ruchat (UQTR)



Brief description: Sur le continuum de la vie, la période qui s'étend de la préconception au prénatal est une fenêtre d'opportunité unique permettant d'agir sur la santé de **deux générations** : celles des parents et de leur futur enfant. Durant cette période, les couples sont particulièrement réceptifs aux messages sur les habitudes de vie et favorables à modifier positivement certains comportements. Ces changements ont le potentiel d'une part d'améliorer leur **fertilité** et de réduire leur recours aux traitements de fertilité. D'autre part, l'adoption de saines habitudes de vie pourrait prévenir certaines **complications** maternelles, fœtales et néonatales **de la grossesse**, et favoriser la naissance d'un bébé en meilleure santé.



Cette présentation décrira les **habitudes de vie** des personnes planifiant une grossesse ou enceintes, les **barrières** et **facilitateurs** associés et discutera des **stratégies** ayant le potentiel de briser le cercle vicieux de la propagation transgénérationnelle de l'**obésité** et des **maladies cardiométaboliques** chez l'enfant.



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IMPROVING HEALTH CARE DELIVERY IN TYPE 1 DIABETES: FROM DIAGNOSIS TO THE TRANSITION TO ADULT CARE

- **Thursday, June 9th, 2022, 12:00 pm to 1:30 pm**
- **Facilitator and speaker: Dr. Meranda Nakhla (RI-MUHC)**

Brief description: Type 1 diabetes (T1D) is one of the most common **childhood chronic diseases**. It is well known that good **continuity of care** reduces the risk of **diabetes-related complications**. However, specific populations are at high risk of complications; including **adolescents** and **young adults** when they transition from pediatric to adult diabetes care.

This talk will provide an overview of the state of **health care delivery** for youth with T1D with a particular focus on the transitions between pediatric and adult services for youth with T1D.



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ÉTUDIER LE TISSU ADIPEUX POUR MIEUX LE COMPRENDRE ET MIEUX LE CONTRÔLER

- **Thursday, June 16th, 2022, 12:00 pm to 1:30 pm**
- **Facilitator and speaker:** Dr. Mathieu Laplante (CRIUCPQ)

Brief description: Le **tissu adipeux** est souvent vu comme un ennemi qu'on aimerait voir disparaître. Pourtant, on oublie souvent que ce tissu joue un **rôle** important, voire **essentiel**, dans le maintien de notre **santé métabolique**.

Dans cette présentation, je vais discuter du **tissu adipeux**, de ses **fonctions métaboliques** et de la dynamique de vie des **cellules** qui le composent, en mettant l'accent sur les études fondamentales effectuées dans nos laboratoires.



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