100<sup>th</sup> Anniversary of the Public event-Free registration **Discovery of Insulin CMDO Webinar Series ZOOM Platform** 



Société québécoise de lipidologie, de nutrition et de métabolisme



L'histoire de l'insuline et du rôle du pancréas dans le diabète



Thursday, May 13, 2021, 11AM-1PM Host: Dr. Andre Carpentier (CRCHUS) To register (French webinar) - Click HERE

100 years ago, Banting, Best, McLeod and Collip discovered and purified insulin, the greatest medical discovery in Canadian history. Insulin guickly saved hundreds of thousands of patients around the world. This first webinar will describe the history of diabetes, the discovery of insulin and the successive advances in the functioning of the endocrine pancreas, allowing for the current treatment of all forms of diabetes.



Dr Marc Prentki, PhD The history of diabetes until the discovery of insulin Professor, University of Montreal Researcher, CRCHUM

> **Dr Vincent Poitout, PhD** Scientific progress after the discovery of insulin Professor, Université de Montréal Researcher, CRCHUM





Dre Anne-Marie Carreau, MD Medical treatments for diabetes Professor, Laval University Researcher, CRCHU of Quebec

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**CMDO Webinar Series** 

**ZOOM Platform** 



de lipidologie de nutrition et de **métabolism**e



# A journey from 1921 to today!

A series of 4 webinars that will take you from the historical discovery of insulin to its therapeutic application

30-minute presentations (interview format with our experts) followed by a panel discussion with the audience

L'histoire de l'insuline et du rôle du pancréas dans le diabète

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### Type 1 diabetes: the miracle of insulin and the perspectives of a cure

- Thursday, May 20, 2021, 12PM-2PM Host: Dr. Sylvie Lesage (UMontreal)
- Speakers: Dr. James Shapiro (UAlberta), Dr. Constantin Polychronakos (McGill), Dr. Jayne Danska (UToronto) and Dr. Erin Hillhouse (PeriPharm Inc)
- To register (English webinar) Click HERE

### Maladies métaboliques et diabète de type 2

- Thursday, May 27, 2021, 12PM-2PM Host: Dr. Catherine Mounier (UQAM)
- Speakers: Dr. Jean-Pierre Despres (VITAM, CIUSSSCN), Dr. Karine Clement (ICAN, Paris) and Dr. Andre Tchernof (CRIUCPQ-UL)
- To register (French webinar) Click HERE

### L'insuline: une hormone aux multiples cibles tissulaires

- Thursday, June 10, 2021, 12PM-2PM Host: Dr. Andre Marette (CRIUCPQ-UL)
- Speakers: Dr Mathieu Laplante (CRIUCPQ-UL), Dr Alexandre Caron (CRIUCPQ-UL),
- Dr Mathieu Ferron (IRCM) and Dr Fernando Anhe (UMcMaster)
- To register (French webinar) Click HERE  $\geq$

Watch the video commemorating the discovery of insulin produced by the CMDO Network – Click HERE

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## Type 1 diabetes: the miracle of insulin and the perspectives of a cure



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100 years ago, insulin was discovered in Canada. For type 1 diabetes, it was a miracle drug; it allowed type 1 diabetic patients from all around the world to ... survive!

Type 1 diabetes is an autoimmune disorder, where immune cells destroy insulinproducing cells, and for which insulin administration remains the primary treatment to allow individuals to live with diabetes.

To celebrate the 100th anniversary of the life-changing discovery of insulin, we will hear from Canadian experts. They will describe the impact of discovery of insulin and their vision of how advancements in research will lead to a type 1 diabetes-free world.



#### Dr. Jayne Danska, PhD

Sex and microbes to understand and cure T1D Tanenbaum Chair in Molecular Medicine and Senior Scientist Hospital for Sick Children Professor, Depts of Immunology, and Medical Biophysics University of Toronto, Toronto, Ontario

Dr. James Shapiro, MD Islet transplantation to cure T1D Canada Research Chair in Transplant Surgery and Regenerative Medicine Professor of Surgery, University of Alberta



Dr. Constantin Polychronakos, MD Genetics to predict and cure T1D Professor, Department of Pediatrics, Division of Endocrinology McGill University

> Dr. Erin Hillhouse, PhD Living with T1D in the hopes of an integrative cure Manager, Health Economics and Outcomes Research, PeriPharm Inc





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One hundred years ago, insulin was discovered by our Toronto colleague Frederick Banting, making it possible to treat diabetes and thus save the lives of many patients. However, even if insulin made it possible to consider a therapy for diabetes, it could not always improve the lives of patients.

Indeed, in particular conditions such as obesity or unbalanced gut microbiota, the body no longer responds adequately to insulin. Recent research on both the treatment of obesity and the link between the gut microbiota and insulin response allows us to consider new strategies for the treatment of type 2 diabetes and the restoration of an adequate insulin response.



Dre Karine Clément, MD, PhD

The role of the gut microbiota in insulin resistance Professor, Sorbonne University - INSERM, Faculty of Medicine Director of the Nutrition and Obesity Unit; systemic approaches Pitié-Salpêtrière Hospital, Paris, France

> Dr Jean-Pierre Després, PhD The different types of obesity and their impact on quality of life Professor, Laval University Researcher - Vitam - Centre de recherche en santé durable Scientific Director - Centre intégré universitaire de santé et de services sociaux de la Capitale-Nationale





Dr André Tchernof, PhD Bariatric surgery as a treatment for restoration of insulin response Professor, Laval University Researcher, CRIUCPQ

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L'insuline: une hormone aux multiples cibles tissulaires



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This year marks the 100th anniversary of the discovery of insulin, a hormone that performs a variety of physiological functions important for the management of energy metabolism and many other biological systems. Inadequate secretion or resistance to the physiological effects of the hormone contribute to the development of diabetes. In this webinar, we will discuss the different sites of action of insulin, and review the mechanisms involved in the pathophysiology of insulin in the metabolic syndrome.



Dr Mathieu Laplante, PhD The actions of insulin on adipose tissue and the liver Professor, Laval University Researcher, CRIUCPQ

> **Dr Alexandre Caron, PhD** How does the brain control the effects of insulin? Professor, Laval University Researcher, CRIUCPQ





Dr Mathieu Ferron, PhD Bone...an unexpected target of insulin Professor, University of Montreal Researcher, IRCM

> Dr Fernado Anhe, PhD Regulation of insulin by gut microbes Postdoctoral Fellow, McMaster University McMaster, Ontario

